



# CLASS SCHEDULE

## MONDAY

- 6:30- KICKBOXING ●
- 7:45- MMA ●
- 17:30- KARATE KIDS ● ●
- 18:30- MMA TEENS ● ●
- 19:30- KARATE ● ●
- 19:30- KICKBOXING ● ●
- 19:30- ELITE FITNESS ●

## TUESDAY

- 6:30- BOXING ●
- 7:30- YOGA (FREE) ●
- 18:30- KIDS FITNESS ●
- 19:00- MMA ●
- 19:30- ELITE FITNESS ●
- 20:00- BJJ ●

## WEDNESDAY

- 6:30- KICKBOXING ●
- 7:45- MMA ●
- 17:30- KARATE KIDS ● ●
- 18:30- MMA TEENS ● ●
- 19:30- KARATE ● ●
- 19:30- KICKBOXING ● ●
- 19:30- ELITE FITNESS ●

## SUNDAY

- 9:00- MUAY THAI ●
- 10:00- KARATE KIDS ●

## THURSDAY

- 6:30- BOXING ●
- 7:30- YOGA(FREE) ●
- 18:30- KIDS FITNESS ●
- 19:00- MMA ●
- 19:30- ELITE FITNESS ●
- 20:00- BJJ ●

## FRIDAY

- 6:30- KICKBOXING ●
- 7:45- MMA ●
- 17:30- KARATE KIDS ● ●
- 18:30- MMA TEENS ● ●
- 19:30- KARATE ● ●
- 19:30- KICKBOXING ● ●
- 19:30- ELITE FITNESS ●

## SATURDAY

- 6:30- BOXING ●
- 9:00- MUAY THAI ●
- 10:00- KARATE KIDS ●
- 19:00- MMA ●
- 20:00- BJJ ●

● Sensei Shikher  
● Sensei Shushant

● Coach Ankit  
● Sensei Aman

● Sensei Varun  
● Kru Yuri