



CLASS SCHEDULE

MONDAY

6:30- Kickboxing ●
7:30- MMA ●
17:30- Karate Kids ●
18:30- MMA Teens ●
19:30- Karate ●
19:30- Kickboxing ●
19:30- Elite Fitness ●

TUESDAY

6:30- Boxing ●
7:30- Yog (Free) ●
18:30- Kids Fitness ●
18:30- BJJ ●
19:30- Elite Fitness ●
19:30- MMA ●

WEDNESDAY

6:30- Kickboxing ●
7:30- MMA ●
17:30- Karate Kids ●
18:30- MMA Teens ●
19:30- Karate ●
19:30- Kickboxing ●
19:30- Elite Fitness ●

SUNDAY

9:00- Muay Thai ●
10:00- Karate Kids ●

THURSDAY

6:30- Boxing ●
7:30- Yog (Free) ●
18:30- Kids Fitness ●
18:30- BJJ ●
19:30- Elite Fitness ●
19:30- MMA ●

FRIDAY

6:30- Kickboxing ●
7:30- MMA ●
17:30- Karate Kids ●
18:30- MMA Teens ●
19:30- Karate ●
19:30- Kickboxing ●
19:30- Elite Fitness ●

SATURDAY

6:30- Boxing ●
9:00- Muay Thai ●
10:00- Karate Kids ●
18:30- BJJ ●
19:30- MMA ●

● Sensei Shikher
● Sensei Shushant

● Coach Ankit
● Sensei Aman

● Sensei Varun
● Kru Yuri